

**Time to Relax**  
**Maria Tallarico**  
**Fashion**  
**November 2005**

You know you deserve a pampering session at one of Vancouver's best spas.

*Day Spas*

**Miraj Hammam**

1495 W. Sixth Ave., 604-733-5151, [mirajhammam.com](http://mirajhammam.com). We've heard critics describe this South Granville spa as a "Turkish car wash," a proclamation we disagree with (unless you leave a Turkish car wash blissful and buffed). Decompress in the steam room (the hammam) before your full-body soap-and-scrub-down (the gommage) atop a Jerusalem gold marble table. Next, head into a candlelit massage room for a 15-to-60-minute massage, or a massage and aromatherapy facial combo. Ease back into reality over mint tea and sweet cakes on a velvet bed in the Sultana Lounge.