

British Columbia's Winning Ways

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Healing Lifestyles & Spas

July/August 2004

Cultural Flair

For something completely different, visit Miraj, Canada's first hammam spa. Inspired by visiting a Turkish steam hammam in Paris, Surinder Bains Kasour brought Middle Eastern mystique to Vancouver's bustling Granville Street. The prophet Mohammed endorsed bathing in 600 C.E., says Kasour as she escorts guests to the mosaic-tiled hammam -- a low-mist massage chamber with marble slabs where your body is exfoliated with olive oil-based black soap from Morocco. A full-body gommage followed by a massage and facial costs \$99. Miraj has separate days for men and women. For more information call (604) 733-5151 or visit www.mirajhammam.com